

Resilience for Success



Life Skills PROGRAM

Life Skills and Leadership Programs catered and designed to ensure outcomes that are fulfilling to participants, community, and organizations.

Modules:

The Power of Perception

Liberation in Emotional Intelligence

Mindful Communication

Systemic Principles

Authentic Leadership

Indigenous Resurgence & Social Justice

WITH PEOPLE STRUGGLING TO OVERCOME SOCIAL AND SYSTEMIC CIRCUMSTANCES WHETHER THEY ARE THE EFFECTS OF SOCIAL/INCOME ASSISTANCE, ADDICTIONS, AND ENVIRONMENTAL BLOCKS - THE NEED FOR RELIABLE, PROFESSIONAL, DEDICATED PEOPLES IN THE WORKFORCE IS ESSENTIAL FOR IMPROVED QUALITY OF LIFE.

THIS PROGRAM IS AN INVITATION FOR PARTICIPANTS TO INQUIRE AND INVESTIGATE WHAT MAY BE BLOCKING ENGAGEMENT IN LIFE AND IN WORK. WE WILL BE LOOKING AT SELF-RESPONSIBILITY AND PERSONAL ACCOUNTABILITY WHILE CELEBRATING SUCCESSES, EMBRACING FAILURES, AND SUPPORTING THE ATTAINMENT OF GOALS.

Program Goals:

To reflect, reveal and remove blocks from within the self so authentic leadership, values, and conscious action can be openly expressed in a direction of Social Transformation.

Learning Objectives:

Apply Personal Enhancement Processes & Principles.

Inquire and expand in personal awareness and situational awareness in the context of conscious service.

Explore and free emotional blocks and limited perceptions in the area of leadership and personal engagement.

Understand systems, principles of systems and apply them in all areas of life.

Step into true authenticity and fuel leadership from within with flexibility, adaptability, and conscious communication.

At the end of the program participants will:

Become flexible and adaptable in their life and in work ethic whether it's current employment or future career paths.

Improved work skills and life skills with a clearer purpose and enhanced engagement.

Have practical tools for problem solving both personally and systemically.

Have resilience and balance to work both as a team participant and as a team leader.

Will have a deeper understanding of what causes social struggles and have a means to overcome and succeed in life's endeavours.

Become progressive in their work ethic.

Have heightened self-esteem, self-image, self-worth, and self-concept.

Improved performance in the work place.

Have revealed a genuine passion, purpose and creative flow.

CONTACT:

Colby Tootoosis at 1.306.398.7509.

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